

SIZE CHART				
Medium	Large	XL	XXL	
39.3 cm - 41.9 cm (15.5" - 16.5")	43 cm - 48 cm (17" - 19")	49.5 cm - 53.3 cm (19.5" - 21")	54.6 cm - 58.4 cm (21.5" - 23")	

COPPER INFUSED POLYESTER KNEE SLEEVE

Measure the circumference of your thigh approximately 12.7 cm (5<sup>\*</sup>) above the center of your knee. You may need to adjust the sleeve a few centimeters up or down to get the desired compression and comfort.

UNISEX

COPPER	SIZE CHART	COPPER INFUSED POLYESTER ELBOW SLEEVE UNISEX		
	Medium	Large	XL	XXL
	26.6 cm - 30.4 cm (10.5" - 12")	31.7 cm - 35.5 cm (12.5" - 14")	36.8 cm - 40.6 cm (14.5" - 16")	41.9 cm - 45.7 cm (16.5" - 18")
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Measure the circumference of your arm approximately 12.7 cm (5<sup>°</sup>) above your elbow. You may need to adjust the sleeve a few centimeters up or down to get the desired compression and comfort.

OPPER	SIZE CHART UNISEX				
	Medium	Large	XL		
- 0	20.3 cm - 25.4 cm (8" - 10")	25.4 cm - 36.8 cm (10" - 12")	36.8 cm - 34.2 cm (12" - 13.5")		
	Measure circumfe	erence around top o	f ankle.		