

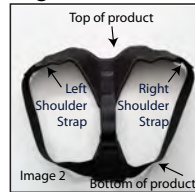
POSTURE SUPPORT

- Start by wearing the product for 20-30 minutes a day.
- Gradually increase to 1-2 hours daily.
- Wear the product over a lightweight undershirt for maximum comfort.

GETTING STARTED

For Proper Alignment:

- The top of the product should rest below the neck.
- The bottom should be below the shoulder blades (Images 1 & 2).



NOTE: Be sure the adjustable straps are fastened in a relaxed position near the bottom of the armpits before trying on.

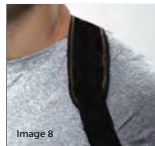
1. With the Copper Fit® logo facing outward (Image 3), put the product on like a backpack.



- Comfortably pull both shoulder straps on to your shoulders (Images 4-7).



2. The shoulder straps should sit on top of the shoulder area (Image 8).



3. Unfasten the adjustable straps from the product and pull upward until you have the desired support (Image 9).



Image 9

4. Fasten the adjustable straps back onto the product (Image 10).



Image 10

NOTE: The product should feel comfortable and your shoulders should not be able to roll forward. It should never be too tight to where it causes pain or discomfort.

5. To Adjust The Back Strap:

If the adjustable straps feel too high under the armpits, you can adjust the back strap.

- To Shorten: unfasten the adjustable back strap and pull upward (Image 11).



- To Lengthen: unfasten the adjustable back strap and move it down, away from the copper stitching located at the top of the product (Image 12).
- Securely attach the adjustable back strap to the fastener.

LIMITATION OF LIABILITY

Liability limited to the purchase price of this product.

Supertek Canada Inc. shall not be liable for any incidental or consequential damages or any implied warranty on this product.

Visit www.CopperFitProducts.ca for the full collection

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