## WRIST RELIEF PLUS



# Visit www.clikit.ca for the full collection.

### **HOW TO USE**

#### LEFT HAND:

- The wrist sleeve comes packed & ready to be worn on the left hand.
- Put sleeve on your hand. Insert your thumb into the thumb hole. The thumb hole should be facing the right side.
- The Copper Fit logo should be facing up and your palm should be resting on the beaded cushion (Image B).

### **RIGHT HAND:**

- Remove the flexible stabilizer from the pocket (Image C).
- Turn the sleeve inside out. The thumb hole should be facing the left side.
- Put sleeve on your hand. Insert your thumb into the thumb hole.
- The Copper Fit logo should be facing up and your palm should be resting on the beaded cushion.

To remove the flexible stabilizer, locate the pocket and pull the flexible stabilizer out (Image C).

To insert the flexible stabilizer, locate the pocket and insert the flexible stabilizer until secure (Image E).







Thumb Hole

Stabilizer

Pocket Opening

Flexible Stabilizer



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